



Trent BASHH Regional & Audit Group Meeting

Friday 30th January 2026

Agenda

Kegworth Hotel and Conference Centre, Packington Hill, Kegworth, Derby, DE74 2DF		
13:30 – 14:00	Welcome and registration (with coffee and refreshments)	
14:00 – 14:15	Introduction from Damon Oram - Head of Education and Development BASHH	<i>Daron Oram, BASHH</i>
14:15 – 14:45	HIV and the Menopause	<i>Dr Naomi Sutton, Consultant HIV and Sexual Health, Rotherham</i>
14:45 – 15:30	Clinico-pathological Session	<i>Professor Rob Miller, University College London</i> <i>Expert Panel:</i> <i>Dr Ian Stephenson, IDU, UHL and Dr Sophie Herbert, GUM, Northampton</i>
BREAK		
Audit & Clinical Cases Session		
16.15 – 16:30	BASHH /BHIVA PN Audit	<i>Rasha Omer, GUM, Rotherham</i>
16:30 – 16:45	Case Presentation	<i>Dr Lydia Hudson, UHDB</i>
16:45 – 17:00	Case Presentation	<i>Dr Joshua Nazerath, UHL</i>
17:00 – 17:45	BREAK Buffet served	

Topics of Current Interest		
17:45 – 18:15	Contraception Update	<i>Ellens Skeggs, ACP, DCHS</i>
18:15 – 18:45	PrEP Session	<i>Dr Hayley Wood, GUM, Derby and Ruth Adams, nurse practitioner, Leicester</i>
18:45 – 19:00	Feedback & close	

Thank you to our Sponsors



The sponsors had no input into the meeting agenda, choice of speakers or arrangements of this conference.

This meeting will have educational value of 3 hours CPD (RCP Code - awaited)

Speaker Biographies

Ruth Adams

I have been working within the field of contraception and sexual health for the last 23 years. I completed my STIF Intermediate, Advanced and HA qualifications as well as my DFSRH. I currently work as a nurse practitioner as well as STIF trainer and Faculty Registered Trainer.

Dr Lydia Hudson

I am currently an F2 doctor working in the Derby/Derbyshire area. I have a keen desire to work within the area of sexual health - being compounded by my recent placement within a sexual health service where I gained exposure to managing STIs/PrEP and genital conditions.

Prof Rob Miller

Professor Rob Miller is Honorary Consultant Physician at UCL Hospitals, Whittington Hospital, Royal

Free Hospital and CNWL. Since 1987 he has provided care for people living with HIV who are hospitalised. His research focusses on opportunistic infections and ICU outcomes for people living with HIV.

Dr Joseph Nazerath

"Dr. Joshua Nazareth is an Academic Clinical Lecturer at the University of Leicester and a Speciality Trainee in Medical Microbiology and Infectious Diseases at University Hospitals of Leicester NHS Trust. His research is focused on understanding and improving the management of age-related comorbidities in people living with HIV, with a particular interest in cardiovascular disease."

Rasha Omer

Rasha Omer is a Consultant in Genitourinary Medicine (GUM) and HIV, with a specialist interest in Infectious Diseases. She holds a Consultant post with Rotherham Sexual Health Services and works as a Specialist Physician in Infectious Diseases at Sheffield Teaching Hospitals NHS Foundation Trust.

Daron Oram

Daron is Head of Education and Development in BASHH. Daron leads on the BASHH's Educational programme and strategy. Daron has worked across a range of education and training roles within Higher Education, Health and the Charity Sector.

Ellen Skeggs

Ellen Skeggs is a recently qualified Advanced Clinical Practitioner in Sexual Health and Contraception based in Derby. In her advanced practice role, she combines clinical expertise with a compassionate, patient-centred approach to improve outcomes and patient experience.

Ellen is a registered trainer for the College of Sexual and Reproductive Healthcare and is passionate about developing the skills of the wider workforce. She trains staff in the fitting of subdermal implants and intrauterine contraception, and teaches and facilitates FSRH Diploma Assessment half days. Having completed STIF Advanced, Ellen is now a registered STIF trainer and plans to enhance and align healthcare assistant skills within the department through the STIF Gateway portfolio.

Dr Naomi Sutton

"Dr Naomi Sutton qualified in 2003 from Sheffield medical school, completing her MRCP in 2006. She went on to train in Genito-Urinary Medicine gaining further accreditations in this speciality, including Dip GUM and Dip HIV, before taking up her consultant post at Rotherham Sexual Health Services in 2016. Wanting to better understand the complexities of sexual problems, she has developed a passion for psychosexual medicine, attending the ESSM School of Sexual Medicine in Budapest and going on to pass the FECSM exam (Fellow of the European Society of Sexual Medicine) in 2023. More recently in 2014 she trained as a Vasectomy surgeon.

Naomi is passionate about education and raising awareness of her speciality, both to other health care professionals and the public, appearing as the Doctor on the C4 TV series 'The Sex Clinic' and 'Steph's Packed Lunch' and featuring on several podcasts. Naomi speaks locally and nationally with the primary aim of reducing stigma and enhancing patient experience by improving knowledge around all aspects of Sexual Health."

Hayley Wood

I have been working as a consultant in HIV and sexual health in Derby for over 10 years. I am the clinical lead for Young People within our service attending our young peoples MDT and reviewing practice including Safeguarding.

I also have special interests in recurrent candida and genital dermatology.

I am the current Trent BASHH region clinical governance representative.